

## NEWS RELEASE

May 14, 2020

### Board Chair Congratulates Mount Pearl Teacher Recognized for Teaching Excellence in Physical Education

Goronwy Price, Chair of the Board of Trustees for the Newfoundland and Labrador English School District, today congratulated Richard Christopher (pictured), a physical education teacher and athletic director at [St. Peter's Junior High](#) in Mount Pearl, for being named a recipient of the National Award for Teaching Excellence in Physical Education by PHE Canada.

PHE Canada is a national educational organization which focuses on physical education, healthy eating, and emotional well-being for K-12 students.

“On behalf of the Board of Trustees, I offer my sincere congratulations to Mr. Christopher for this national recognition,” said Chair Price. “Our physical education teachers support the health, well-being and social development of our students day-in and day-out, and volunteer countless hours to ensuring young people have the opportunity to compete in a variety of sports activities. During these days of the Covid-19 pandemic, I know many students are missing those activities, which form such an important part of their overall school experience.”



PHE noted Mr. Christopher has developed a diverse, safe, balanced, and inclusive physical education program at St. Peter's Junior High, and has explored the benefits of partnerships with various sports organizations. They noted these partnerships have strengthened the school's quality physical education program by integrating traditional and non-traditional activities and sports for students, including wheelchair basketball, flag rugby, ultimate Frisbee, gymnastics, Angel Ball and tennis, all with the same goal: to allow every student to have at least one physical activity that they will enjoy throughout their lives.

Mr. Christopher has also coached and organized many clubs and teams, including cross-country, badminton, soccer, softball, baseball, volleyball and ball hockey.

“It is good to be reminded, even as we work to support students' health and wellness from afar, that our District boasts some of the most hard-working, innovative, dedicated and passionate teachers in the country,” said Tony Stack, CEO/Director of Education. “I am very pleased to see Mr. Christopher's commitment to students recognized on the national level.”

More information [PHE Canada's 2020 National Award Recipients](#) is available on their website.

The Newfoundland and Labrador English School District serves over 63,700 students and 5,100 teachers at more than 250 schools throughout the province.

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